

DENISE P. WOOD, M.A.,Psy.D.

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Website www.drdenisewood.com

EDUCATION

- 1996 -2002 ILLINOIS SCHOOL OF PROFESSIONAL PSYCHOLOGY/CHICAGO NORTHWEST CAMPUS, Rolling Meadows, Illinois
Doctoral Student in Clinical Psychology (Psy.D.)
Fully Accredited by the American Psychological Association (APA)
- 1994 - 1996 SAINT MARY'S UNIVERISTY, Minneapolis, Minnesota
Master of Arts in Counseling Psychology (M.A.)
- August 1994 UNIVERSITY OF NORTH DAKOTA, Grand Forks, North Dakota to May 1998
Bachelor of Science in Consumer Science (B.A.)
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GRADUATE PSYCHOLOGY COURSES

Clinical

Adult Psychopathology I
Adult Psychopathology II
Child & Adolescent Psychopathology
Group Psychotherapy
Psychoanalytic Theory & Psychotherapy
Brief Individual Solution-Focused Therapy
Family & Marital Therapy
Client-Centered & Experiential Psychotherapy
Cognitive-Behavioral Theory & Therapy
Advanced Family Therapy
Behavioral Medicine
Advanced Brief Individual Solution-Focused Therapy

Assessment

Cognitive Assessment
Neuropsychological Assessment
Personality Assessment I: Objectives/Projectives
Personality Assessment II: Rorschach
Assessment: Battery

Practica

Psychodiagnostic Practicum & Seminar I, II, III

Theoretical

Adult Development
Child & Adolescent Development
Sexual Orientation Diversity in Clinical Practice
Issues in the Assessment & Treatment of Racially & Ethnically Diverse Populations
Biological Basis of Behavior
Cognitive & Affective Bases of Behavior
History & Systems
Social Basis of Behavior
Psychopharmacology
Special Topics: Alcohol & Substance Abuse Treatment

Research

Statistics & Research Methods I
Statistics & Research Methods II

Professional Issues

Professionalization Group I, II, III
Professional Ethics & Conduct
Consultation & Supervision

DR. DENISE WOOD INTERNATIONAL LLC.

Doctor of Clinical Psychology

December, 2012 - Present

- Facilitator and Administrator of Dr. Denise Wood International LLC.
- Promoted, constructed and conducted The Dr. Denise Wood Radio Show through the Voice America Health and Wellness Channel airing in 147 countries including the U.S.
- President and owner of Same Page Publishing Corporation.
- Co-Author, publisher and marketer for Inside the Cheaters Mind.
- Co-Author, publisher and marketer for Psyched to be Skinny.
- Author, publisher and marketer for Cyberbully's Mind.
- Perform book signings, public speaking engagements and appearances to promote positive mental health through prominent television and radio shows.
- Promote and Consult on mental health, wellness and fitness issues.

WOOD COUNSELING SERVICES, LLC.

Doctor of Clinical Psychology

December 2012 – November 2006

COUNSELING AND MENTAL HEALTH FACILITY, Shoreview, Minnesota

- Conducted individual, adolescent and group therapy.
- Worked with individuals experiencing grief issues.
- Presented professional seminars on suicide prevention and depression.
- Neuropsychological screening and assessment.
- Forensic Psychology/Corrections.
- Forensic diagnostic assessment of all populations.
- Worked within the legal system, while providing psycho-legal opinions in Court.
- Crisis intervention.
- Worked with clients suffering from axis I and Axis II diagnosis.

MINNESOTA DEPARTMENT OF CORRECTIONS

Psychologist II

December 2003 – October 2006

MINNESOTA CORRECTIONAL FACILITY/LINO LAKES, Lino Lakes, Minnesota

- *Director of Psychological Services, Colette Morse, Psy.D., L.P.*
- Worked with racially diverse offenders ranging from the ages of 18 to 70 suffering from Axis I and Axis II diagnosis.
- Constructed and conducted a weekly Solution Focused Therapy Group.
- Adhered to consultations and kite responses.
- Conducted Admission Mental Health Assessments.
- Psychological Evaluations for the Hearing and Release Unit.
- Administration and scoring of intellectual and projective measures for Forensic Evaluations, Neuropsychology Assessment.

- Worked with a multi-disciplinary team.
- In charge of monitoring the Segregation Unit and Suicide Status of Offenders.
- Primary psychologist for Intake Referrals and assessment.
- Psychologist for the Hostage Negotiations Team which includes Minnesota Correctional Facilities-Moose Lake and Rush City.

INTERNSHIP EXPERIENCE

Doctoral Internship

September 2001 – October 2002

MINNESOTA CORRECTIONAL FACILITY/OAK PARK HEIGHTS, Stillwater, Minnesota

- *Supervised by Adam L. Piccolino, Psy.D., L.P.*
- Worked with offenders suffering from disorders such as, but not limited to, Substance Abuse, Anxiety, Depression, PTSD, Bipolar, Schizophrenia, and Personality Disorders such as Borderline, Antisocial, Schizoid, Schizotypal, and Histrionic.
- Individual and group therapy to adult male offenders.
- Racially diverse male clients ranging from ages 20 to 60.
- Administration, scoring, and interpretation of a variety of intellectual and projective measures including, but not limited to, MMPI-II, Millon, Stanford Binet, WAIS-R, WMS-III, Rorschach, TAT, SIRS, MFAST, Brown ADD Scale, BDI-II, Neuropsychological Assessment.
- Worked with multi-disciplinary treatment team which included physicians, nurses, social workers, psychiatrist, and officers.
- Formulation of psychological reports which are supervised by a Licensed Clinical Psychologist.

PRACTICUM EXPERIENCE

Doctoral Psychotherapy Practicum

September 2000 - August 2001

BETHEL COLLEGE COUNSELING CENTER, St. Paul, Minnesota

- *Supervised by Jason Li, Ph.D., L.P.*
- Worked with multi-disciplinary treatment team which included physicians, nurses, and social workers.
- Individual, group, and family therapy to college students.
- Worked with patients suffering from Anxiety, Depression, Character Disorders, Sexual Abuse, Eating Disorders, Family Issues and Substance Abuse.
- Psychological and educational assessments of college students when needed.
- Led educational and support groups.
- Created and conducted seminars and workshops on Test Anxiety, Eating Disorders, and Sexual Abuse.
- Supervised by Licensed Clinical Psychologists.

Doctoral Psychodiagnostic Practicum

August 1998 – May 1999

ALPHA HUMAN SERVICES, Minneapolis, Minnesota

- *Supervised by Skye Payne, Ph.D., L.P.*
- Psychodiagnostic testing and psychological assessment of adult males within a private practice setting.
- Clients were racially diverse (African-American, Hispanic, Asian) and included males whose ages ranged from 18 to 80 years old; inpatient and outpatient clients who were generally referred by the State.
- Administration, scoring, and interpretation of a variety of intellectual and projective measures (e.g. MMPI-II, Millon, Stanford Binet, WAIS-R, WMS-III, Rorschach, TAT, Rotter Incomplete Sentences).
- Diagnostic categories included, but were not limited to, Sexual Disorders, Major Depressive, Antisocial Personality Disorder, and Substance Abuse.
- Formulation of psychological reports which were supervised by a Licensed Clinical Psychologist.

Master of Arts in Clinical Psychology Therapy Practicum

August 1995 – April 1996

DAKOTA ADULT TRANSITION CENTER, Eagan, Minnesota

- *Supervised by Brenda Steinkamp, M.A., L.P.*
- Provided individual and group therapy counseling to chronically mentally ill adults within a Community Mental Health Center.
- Clients were from a low SES, generally receiving governmental financial support.
- Client diagnostic categories included, but were not limited to, Substance Abuse, Paranoid Schizophrenia, Schizoaffective Personality, Borderline Personality, Obsessive-Compulsive, Dissociative Identity, Posttraumatic Stress, and Major Depressive Disorders.
- Facilitated and implemented psychoeducational and counseling groups.
- Performed client Psychosocial Assessments.
- Assisted in the formulation and implementation of Individualized Master Treatment Plans.
- Processed daily group notes and individual progress notes.
- Attended various site-offered workshops.

PROFESSIONAL EXPERIENCE

April 1996 – September 1996

DAKOTA ADULT TRANSITION CENTER, Eagan, Minnesota

- *Child Psychotherapist*
- Diagnostic categories included, but were not limited to, ADHD, ADD, Major Depressive Disorder, Oppositional Defiance, and Conduct Disorder.
- Provided time-limited therapeutic relationship with children and their families.
- Participated in the development of focused, goal-oriented, and client-centered treatment plans with children and their families.

- Organized and facilitated structured activities with clients, within their homes and out in the community.
 - Completed progress notes.
 - Consultation with Case Managers, Therapists, and family members regarding client progress.
 - Psychological assessment of children within a group private practice setting.
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MANAGERIAL WORK

September 1992 – July 1994 YVES SAINT LAURENT COSETICS, Bloomington, Minnesota

August 1989 – September 1992 LIMITED CORPORATION, St. Paul, Minnesota

August 1987 – August 1989 U.S. SHOE CORPORATION, Grand Forks, North Dakota

Above management positions included:

- Specialization in hiring and motivating sales staff.
 - Organized and supervised quarterly inventories.
 - Conducted motivational staff meetings.
 - Assisted in opening new stores.
 - Controlled total store operation.
 - Updated database and marketing reports.
 - Exhibited high degree of responsibility, efficiency initiative, and motivation.
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OTHER

March 1989 – April 2004

BALLY'S US SWIM AND FITNESS, Aerobics Instructor

- Constructed and taught aerobic routines for multiple facilities.
 - Trained individuals on fitness concerns.
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PROFESSIONAL COMMUNITY ACTIVITIES

March 2005 – Present

SUICIDE AWARENESS VOICES OF EDUCATION, Bloomington, Minnesota

- Professional speaker
- Conduct professional presentations on depression and suicide prevention.
- Implement and create several presentations for various populations, ethnicity and age related groups.
- Apply speaking material to mental health professionals and correctional facilities.

September 1994 – August 1999

FAIRVIEW RIVERSIDE HOSPITAL, Minneapolis, Minnesota

- *Volunteer Counselor*
- Participated in 20 hours of training seminars.

- Worked with a multi-disciplinary treatment team.
- Conducted intake interviews.
- Counseled adolescents with present concerns.
- Set up and directed visiting hours.
- Generated and implemented various activities for the adolescents.

October 1994 – January 1995

MOUNTVIEW ROLLING ACRES, Victoria, Minnesota

- *Group Home Program Faciliator*
- Created and facilitated a training program for a new Hennepin County group home for the developmentally disabled.
- Supervised by a Licesnsed Psychologist.

June 1993 – March 1994

BATTERED WOMEN’S SHELTER, Minnetonka, Minnesota

- Attended 40 hours of training seminars.
- Conducted intake interviews.
- Assisted in counseling women on abuse issues.
- Devised and conducted workshops to educate individuals on battered women’s issues.

RESEARCH ACTIVITIES

- Clinical Research Project: The Residual Effects of Childhood Sexual Abuse on the Formation of Self-Concept.
Chair: James M. Dugo, Ph.D.
Description: Theoretical work examining the impact childhood sexual abuse has on individuals cognitively and physiologically.
A Clinical Research Project submitted to the faculty of the Illinois School of Professional Psychology/Chicago Northwest Campus in partial fulfillment of the requirements for the degree of the Docotor of Psychology in Clinical Psychology.
 - Causes and Treatment of Dissociative Identity Disorder.
Chair: Charne Davidson, Ph.D.
Description: An integration of theoretical work examining the reason individuals may suffer from Dissociative Identity Disorder. Also examined are treatment plans for individuals suffering from Dissociative Identity Disorder.
Unpublished Master’s Thesis in Counseling Psychology, Saint Mary’s University, Minneapolis, Minnesota.
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PROFESSIONAL AFFILIATIONS

September 1996 – September 2002
AMERICAN PSYCHOLOGICAL ASSOCIATION
Graduate Student Affiliate

March 2008 – Present
BUSINESS NETWORKING INTERNATIONAL

September 1996 - September 2002
MEMBER OF THE PSY CHI HONOR SOCIETY

CLINICAL INTERESTS

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- Individual, adolescent, couples and group therapy.
 - Work with individuals experiencing grief issues.
 - Conducting Professional Presentations on depression and suicide prevention.
 - Neuropsychological Assessment/Mental health facilities.
 - Forensic Psychology/Corrections.
 - Working in the field of Forensics which focuses on adults and adolescents with acute, chronic, and severe mental illness.
 - Forensic diagnostic assessment of all populations.
 - Working within the legal system, while providing psycho-legal opinions in District Court.
 - Helping large corporations who need assistance with employees.
 - Working with corporations that work with eating issues.
 - Guiding adolescents and children in need of mental health assistance.
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REFERENCES ATTACHED

REFERENCES

- Colette Morse, Psy.D., L.P.
Director of Psychological Services
Minnesota Correctional Facility – Lino Lakes
7525 Fourth Avenue
Lino Lakes, Minnesota 55014
651 – 717 – 6526 (phone)
651 – 717 – 6104 (facsimile)

- David L. Downing, Psy.D., L.P.
Director of Clinical Training and Full Professor
Illinois School of Professional Psychology/Chicago Northwest Campus
One Continental Towers
1701 Golf Road, Suite 101
Rolling Meadows, Illinois 60008
847 - 290 – 7400 (telephone)
847 – 290 – 8432 (facisimile)

- LaDon Jackson, Ph.D., L.P.
Associate Professor
Illinois School of Professional Psychology/Chicago Northwest Campus
One Continental Towers
1701 Golf Road, Suite 101
Rolling Meadows, Illinois 60008
847 - 290 – 7400 (telephone)
847 – 290 – 8432 (facisimile)

- Skye V. Payne, Ph.D., L.P.
Director of Clinical Training and Professor
Minnesota School of Professional Psychology
at Argosy University/Twin Cities
1515 Central Parkway
Eagan, Minnesota 55121
651 – 846 – 3362 (telephone)

- Jason Li, Ph.D., L.P.
Bethel College
3900 Bethel Drive
Saint Paul, Minnesota 55112
651 – 635 – 8540 (telephone)
651 – 635 – 1965 (facsimile)

- Adam L. Piccolino, Psy.D., L.P,
Minnesota Correctional Facility – Oak Park Heights
5329 Osgood Avenue North
Stillwater, Minnesota 55082
651 – 779 1416 (telephone)
651 – 779 – 1439 (facsimile)