

DENISE P. WOOD, M.A., Psy.D.

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Website www.drdenisewood.com

EDUCATION

- 1996 to 2002 ILLINOIS SCHOOL OF PROFESSIONAL PSYCHOLOGY/CHICAGO NORTHWEST CAMPUS, Rolling Meadows, Illinois
Doctoral Student in Clinical Psychology (Psy.D.)
Fully Accredited by the American Psychological Association (APA)
- 1994 to 1996 SAINT MARY'S UNIVERISTY, Minneapolis, Minnesota
Master of Arts in Counseling Psychology (M.A.)
- August 1994 to May 1998 UNIVERSITY OF NORTH DAKOTA, Grand Forks, North Dakota
Bachelor of Science in Consumer Science (B.A.)
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GRADUATE PSYCHOLOGY COURSES

Clinical

Adult Psychopathology I
Adult Psychopathology II
Child & Adolescent Psychopathology
Group Psychotherapy
Psychoanalytic Theory & Psychotherapy
Brief Individual Solution-Focused Therapy
Family & Marital Therapy
Client-Centered & Experiential Psychotherapy
Cognitive-Behavioral Theory & Therapy
Advanced Family Therapy
Behavioral Medicine
Advanced Brief Individual Solution-Focused Therapy

Assessment

Cognitive Assessment
Neuropsychological Assessment
Personality Assessment I: Objectives/Projectives
Personality Assessment II: Rorschach
Assessment: Battery

Practica

Psychodiagnostic Practicum & Seminar I, II, III

Psychotherapy Practicum & Seminar I, II, III

Theoretical

Adult Development
Child & Adolescent Development
Sexual Orientation Diversity in Clinical Practice
Issues in the Assessment & Treatment of Racially & Ethnically Diverse Populations
Biological Basis of Behavior
Cognitive & Affective Bases of Behavior
History & Systems
Social Basis of Behavior
Psychopharmacology
Special Topics: Alcohol & Substance Abuse Treatment

Research

Statistics & Research Methods I
Statistics & Research Methods II

Professional Issues

Professionalization Group I, II, III
Professional Ethics & Conduct
Consultation & Supervision

DR. DENISE WOOD INTERNATIONAL LLC.

Doctor of Clinical Psychology

December, 2012 To Present

- Facilitator and Administrator of Dr. Denise Wood International LLC.
- Promoted, constructed and conducted The Dr. Denise Wood Radio Show through the Voice America Health and Wellness Channel airing in 147 countries including the U.S.
- President and owner of Same Page Publishing Corporation.
- Co-Author, publisher and marketer for Inside the Cheaters Mind.
- Co-Author, publisher and marketer for Psyched to be Skinny.
- Author, publisher and marketer for Cyberbully's Mind.
- Perform book signings, public speaking engagements and appearances to promote positive mental health through prominent television and radio shows.
- Promote and Consult on mental health, wellness and fitness issues.

WOOD COUNSELING SERVICES, LLC.

Doctor of Clinical Psychology

December 2012 COUNSELING AND MENTAL HEALTH FACILITY

To November 2006 Shoreview, Minnesota

- Conducted individual, adolescent and group therapy.
- Worked with individuals experiencing grief issues.
- Presented professional seminars on suicide prevention and depression.
- Neuropsychological screening and assessment.
- Forensic Psychology/Corrections.
- Forensic diagnostic assessment of all populations.
- Worked within the legal system, while providing psycho-legal opinions in Court.
- Crisis intervention.
- Worked with clients suffering from axis I and Axis II diagnosis.

MINNESOTA DEPARTMENT OF CORRECTIONS

Psychologist II

December 3, 2003 MINNESOTA CORRECTIONAL FACILITY/LINO LAKES

to October 15, 2006 Lino Lakes, Minnesota

Director of Psychological Services, Colette Morse, Psy.D., L.P.

- Worked with racially diverse offenders ranging from the ages of 18 to 70 suffering from Axis I and Axis II diagnosis.
- Constructed and conducted a weekly Solution Focused Therapy Group.
- Adhered to consultations and kite responses.
- Conducted Admission Mental Health Assessments.
- Psychological Evaluations for the Hearing and Release Unit.
- Administration and scoring of intellectual and projective measures for Forensic Evaluations, Neuropsychology Assessment.

- Worked with a multi-disciplinary team.
- In charge of monitoring the Segregation Unit and Suicide Status of Offenders.
- Primary psychologist for Intake Referrals and assessment.
- Psychologist for the Hostage Negotiations Team which includes Minnesota Correctional Facilities-Moose Lake and Rush City.

INTERNSHIP EXPERIENCE

Doctoral Internship

September 2001 to October 2002 MINNESOTA CORRECTIONAL FACILITY/OAK PARK HEIGHTS

Stillwater, Minnesota

Supervised by Adam L. Piccolino, Psy.D., L.P.

- Worked with offenders suffering from disorders such as, but not limited to, Substance Abuse, Anxiety, Depression, PTSD, Bipolar, Schizophrenia, and Personality Disorders such as Borderline, Antisocial, Schizoid, Schizotypal, and Histrionic.
- Individual and group therapy to adult male offenders.
- Racially diverse male clients ranging from ages 20 to 60.
- Administration, scoring, and interpretation of a variety of intellectual and projective measures including, but not limited to, MMPI-II, Millon, Stanford Binet, WAIS-R, WMS-III, Rorschach, TAT, SIRS, MFAST, Brown ADD Scale, BDI-II, Neuropsychological Assessment.
- Worked with multi-disciplinary treatment team which included physicians, nurses, social workers, psychiatrist, and officers.
- Formulation of psychological reports which are supervised by a Licensed Clinical Psychologist.

PRACTICUM EXPERIENCE

Doctoral Psychotherapy Practicum

September 2000 to August 2001 BETHEL COLLEGE COUNSELING CENTER

St. Paul, Minnesota

Supervised by Jason Li, Ph.D., L.P.

- Worked with multi-disciplinary treatment team which included physicians, nurses, and social workers.
- Individual, group, and family therapy to college students.
- Worked with patients suffering from Anxiety, Depression, Character Disorders, Sexual Abuse, Eating Disorders, Family Issues and Substance Abuse.
- Psychological and educational assessments of college students when needed.
- Led educational and support groups.
- Created and conducted seminars and workshops on Test Anxiety, Eating Disorders, and Sexual Abuse.
- Supervised by Licensed Clinical Psychologists.

Doctoral Psychodiagnostic Practicum

August 1998 to May 1999 ALPHA HUMAN SERVICES

Minneapolis, Minnesota

Supervised by Skye Payne, Ph.D., L.P.

- Psychodiagnostic testing and psychological assessment of adult males within a private practice setting.
- Clients were racially diverse (African-American, Hispanic, Asian) and included males whose ages ranged from 18 to 80 years old; inpatient and outpatient clients who were generally referred by the State.
- Administration, scoring, and interpretation of a variety of intellectual and projective measures (e.g. MMPI-II, Millon, Stanford Binet, WAIS-R, WMS-III, Rorschach, TAT, Rotter Incomplete Sentences).
- Diagnostic categories included, but were not limited to, Sexual Disorders, Major Depressive, Antisocial Personality Disorder, and Substance Abuse.
- Formulation of psychological reports which were supervised by a Licensed Clinical Psychologist.

Master of Arts in Clinical Psychology Therapy Practicum

August 1995 DAKOTA ADULT TRANSITION CENTER

to April 1996 Eagan, Minnesota

Supervised by Brenda Steinkamp, M.A., L.P.

- Provided individual and group therapy counseling to chronically mentally ill adults within a Community Mental Health Center.
- Clients were from a low SES, generally receiving governmental financial support.
- Client diagnostic categories included, but were not limited to, Substance Abuse, Paranoid Schizophrenia, Schizoaffective Personality, Borderline Personality, Obsessive-Compulsive, Dissociative Identity, Posttraumatic Stress, and Major Depressive Disorders.
- Facilitated and implemented psychoeducational and counseling groups.
- Performed client Psychosocial Assessments.
- Assisted in the formulation and implementation of Individualized Master Treatment Plans.
- Processed daily group notes and individual progress notes.
- Attended various site-offered workshops.

PROFESSIONAL EXPERIENCE

April 1996 to DAKOTA ADULT TRANSITION CENTER

September 1996 Eagan, Minnesota

Child Psychotherapist

- Diagnostic categories included, but were not limited to, ADHD, ADD, Major Depressive Disorder, Oppositional Defiance, and Conduct Disorder.
- Provided time-limited therapeutic relationship with children and their families.
- Participated in the development of focused, goal-oriented, and client-centered treatment plans with children and their families.
- Organized and facilitated structured activities with clients, within their homes and out in the community.
- Completed progress notes.
- Consultation with Case Managers, Therapists, and family members regarding client progress.
- Psychological assessment of children within a group private practice setting.

MANAGERIAL WORK

September 1992 to July 1994 YVES SAINT LAURENT COSETICS
Bloomington, Minnesota

August 1989 to September 1992 LIMITED CORPORATION
St. Paul, Minnesota

August 1987 to August 1989 U.S. SHOE CORPORATION
Grand Forks, North Dakota

Above management positions included:

- Specialization in hiring and motivating sales staff.
- Organized and supervised quarterly inventories.
- Conducted motivational staff meetings.
- Assisted in opening new stores.
- Controlled total store operation.
- Updated database and marketing reports.
- Exhibited high degree of responsibility, efficiency initiative, and motivation.

OTHER

March 1989 to April 2004 BALLY'S US SWIM AND FITNESS
Aerobics Instructor

- Constructed and taught aerobic routines for multiple facilities.
- Trained individuals on fitness concerns.

PROFESSIONAL COMMUNITY ACTIVITIES

March 2005 to Present SUICIDE AWARENESS VOICES OF EDUCATION
Bloomington, Minnesota
Professional speaker

- Conduct professional presentations on depression and suicide prevention.
- Implement and create several presentations for various populations, ethnicity and age related groups.
- Apply speaking material to mental health professionals and correctional facilities.

September 1994 to August 1999 FAIRVIEW RIVERSIDE HOSPITAL
Minneapolis, Minnesota
Volunteer Counselor

- Participated in 20 hours of training seminars.
- Worked with a multi-disciplinary treatment team.
- Conducted intake interviews.
- Counseled adolescents with present concerns.
- Set up and directed visiting hours.
- Generated and implemented various activities for the adolescents.

October 1994 to MOUNTVIEW ROLLING ACRES

- January 1995 Victoria, Minnesota
- *Group Home Program Faciliator*
 - Created and facilitated a training program for a new Hennepin County group home for the developmentally disabled.
 - Supervised by a Licesnsed Psychologist.

- June 1993 to BATTERED WOMEN'S SHELTER
March 1994 Minnetonka, Minnesota
- Attended 40 hours of training seminars.
 - Conducted intake interviews.
 - Assisted in counseling women on abuse issues.
 - Devised and conducted workshops to educate individuals on battered women's issues.
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RESEARCH ACTIVITIES

- Clinical Research Project: The Residual Effects of Childhood Sexual Abuse on the Formation of Self-Concept.
Chair: James M. Dugo, Ph.D.
Description: Theoretical work examining the impact childhood sexual abuse has on individuals cognitively and physiologically.
A Clinical Research Project submitted to the faculty of the Illinois School of Professional Psychology/Chicago Northwest Campus in partial fulfillment of the requirements for the degree of the Docotor of Psychology in Clinical Psychology.
 - Causes and Treatment of Dissociative Identity Disorder.
Chair: Charne Davidson, Ph.D.
Description: An integration of theoretical work examining the reason individuals may suffer from Dissociative Identity Disorder. Also examined are treatment plans for individuals suffering from Dissociative Identity Disorder.
Unpublished Master's Thesis in Counseling Psychology, Saint Mary's University, Minneapolis, Minnesota.
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PROFESSIONAL AFFILIATIONS

September 1996 AMERICAN PSYCHOLOGICAL ASSOCIATION
to September 2002 Graduate Student Affiliate

March 2008-08 BUSINESS NETWORKING INTERNATIONAL
To present

September 1996 to September 2002 MEMBER OF THE PSY CHI HONOR SOCIETY

CLINICAL INTERESTS

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- Individual, adolescent, couples and group therapy.
 - Work with individuals experiencing grief issues.
 - Conducting Professional Presentations on depression and suicide prevention.
 - Neuropsychological Assessment/Mental health facilities.
 - Forensic Psychology/Corrections.
 - Working in the field of Forensics which focuses on adults and adolescents with acute, chronic, and severe mental illness.
 - Forensic diagnostic assessment of all populations.
 - Working within the legal system, while providing psycho-legal opinions in District Court.
 - Helping large corporations who need assistance with employees.
 - Working with corporations that work with eating issues.
 - Guiding adolescents and children in need of mental health assistance.
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REFERENCES ATTACHED

REFERENCES

- Colette Morse, Psy.D., L.P.
Director of Psychological Services
Minnesota Correctional Facility – Lino Lakes
7525 Fourth Avenue
Lino Lakes, Minnesota 55014
651 – 717 – 6526 (phone)
651 – 717 – 6104 (facsimile)

- David L. Downing, Psy.D., L.P.
Director of Clinical Training and Full Professor
Illinois School of Professional Psychology/Chicago Northwest Campus
One Continental Towers
1701 Golf Road, Suite 101
Rolling Meadows, Illinois 60008
847 - 290 – 7400 (telephone)
847 – 290 – 8432 (facisimile)

- LaDon Jackson, Ph.D., L.P.
Associate Professor
Illinois School of Professional Psychology/Chicago Northwest Campus
One Continental Towers
1701 Golf Road, Suite 101
Rolling Meadows, Illinois 60008
847 - 290 – 7400 (telephone)
847 – 290 – 8432 (facisimile)

- Skye V. Payne, Ph.D., L.P.
Director of Clinical Training and Professor
Minnesota School of Professional Psychology
at Argosy University/Twin Cities
1515 Central Parkway
Eagan, Minnesota 55121
651 – 846 – 3362 (telephone)

- Jason Li, Ph.D., L.P.
Bethel College
3900 Bethel Drive
Saint Paul, Minnesota 55112
651 – 635 – 8540 (telephone)
651 – 635 – 1965 (facsimile)

- Adam L. Piccolino, Psy.D., L.P,
Minnesota Correctional Facility – Oak Park Heights
5329 Osgood Avenue North
Stillwater, Minnesota 55082
651 – 779 1416 (telephone)
651 – 779 – 1439 (facsimile)